

## MEMORY MOMENT

For the next several months, we will be featuring agencies and organizations in our area that can help with a multitude of issues that older residents may have. This month we are featuring Midland Area Agency on Aging!

Midland Area Agency on Aging is one of thirteen (13) area agencies in the state. The goal of Midland Area Agency is to change those conditions which either directly or indirectly pose significant barriers to older adults, their caregivers, and persons with disabilities who desire to live independently in the community and participate in a full, meaningful way in community life. Midland Area Agency provides a network of providers to meet the needs of people in Clay, Effingham, Fayette, Jefferson and Marion Counties.

Midland Area Agency on Aging receives Federal and State funding. Through these funds we fund Older Americans Act programs that are coordinated and monitored from the agency. These programs include: Information and Assistance, Caregiver Services, Grandparents Raising Grandchildren, Adult Protective Services, Transportation (Jefferson, Fayette, Effingham Counties), Legal Services, Senior Health Insurance Program, Nutrition Program, Ombudsman Services, Options Counseling, Friendly Visiting, and Strong For Life/Aging Mastery (Clay & Effingham Counties). In addition, Midland Area Agency provides some direct services as well. These include the following: Advocacy, Program Development, Program Coordination, Senior Medicare Patrol, Senior Health Insurance Program, Information, Assistance and Options Counseling (Marion County), and Senior Employment Services.

Midland Area Agency on Aging is actively involved in the development of Dementia Friendly Communities within the counties we serve. We currently have cities in Effingham and Marion Counties designated on the registry. In addition, we have an active Veterans Program partnering with the Veterans Administration to assist with Veterans Directed Care. Midland Area Agency also offers various training to the community including Medicare Patrol and SCAMS prevention.

The office of Midland Area Agency on Aging is located at 434 S Poplar, Centralia, IL 62801. To reach us, the phone number is 1-618-532-1853. The website is [www.midlandaaa.org](http://www.midlandaaa.org).

*Effingham Area Alzheimer's Awareness (EAAA) is a volunteer-run, not-for-profit organization founded to provide education and support to all families, caregivers, and people with Alzheimer's disease and related dementia in Effingham County and the surrounding area. For more information about Effingham Area Alzheimer's Awareness, check out the website at [www.effinghamalz.org](http://www.effinghamalz.org). If you are a caregiver & have specific questions or situations you would like information on, please feel free to call Shannon Nobsch at 217-663-0010 or Amy Sobrino at 618-363-8372.*